

# THE TRAINER

~You gotta GIVE some to GET some~

Svenja Simon  
Rinnestr. 13  
34326 Morschen  
+49 171 9956 870  
www.svenjathetrainer.com  
info@svenjathetrainer.com

<b>Price List</b> (Date: 01/07/2024)		
<b>Personal Training - In-Person -</b>	<b>EUR</b>	<b>USD</b>
First Consultation (including Anamneses, body composition analysis, mobility test) (60 - 90 minutes)	65	70
Individual Personal Training (45 minutes)	60	64
For two Partner Training (45 minutes)	45 per person	48 per person
Small Group Training for 4 to 8 people (45 minutes)	15 per person	16 per person
<b>Personal Training - Remote -</b>	<b>EUR</b>	<b>USD</b>
First Consultation (including Anamneses, body composition analysis, mobility test) (60 - 90 minutes)	65	70
Individual Personal Training (45 minutes)	45	48
For two Partner Training (45 minutes)	30 per person	32 per person
<b>Nutritional Advice - In-Person &amp; Remote -</b>		
First Consultation (including Anamneses, body composition analysis, eating behavior analysis) (60 - 90 minutes)	80	86
Individual Nutritional Advice (60 minutes)	60	64
<b>Package Offer: Save 10% when you purchase a package of 10 sessions!</b>		